

**2007 USAPL Lifter Rankings**  
**Men's Master 45-49**

	<b>Squat</b>		<b>Bench Press</b>		<b>Dealift</b>		<b>Total</b>	
<b>123</b>								
1	Ralph Caputo	380	1	Ralph Caputo	220	1	Ralph Caputo	992
<b>148</b>								
1	Brian Sato	463	1	Brian Sato	303	1	Brian Sato	1257
2	Steve Lewis	430	2	Steve Lewis	281	2	Steve Lewis	1157
3	Kevin Jones	419	3	Kevin Jones	270	3	Kevin Jones	1102
4	Pat Braun	309	4	Pat Braun	160	4	Pat Braun	789
<b>165</b>								
1	Carlos Lewis	551	1	Carlos Lewis	342	1	Mark Sigala	1450
2	Kevin Bolen	535	2	Mark Sigala	342	2	Kevin Bolen	1422
3	Mark Sigala	507	3	Arthur Sharpe	335	3	Carlos Lewis	1389
4	Monte Mason	502	4	Kevin Bolen	320	4	Monte Mason	1224
5	Toney Conyers	296	5	Monte Mason	303	5	Christian Kozub	835
6	Christian Kozub	260	6	Christian Kozub	250	6	Arthur Sharpe	785
7	Mike Rickett	204	7	Mike Rickett	215	7	Toney Conyers	751
8	John Green	165	8	Toney Conyers	183	8	Mike Rickett	678
9	Wendy Albers-Scofield	138	9	Wendy Albers-Scofield	77	9	Wendy Albers-Scofield	386
10	Arthur Sharpe	135	10	Sammy Lewis	70	10	John Green	386
11	Sammy Lewis	93	11	John Green	55	11	Sammy Lewis	310
<b>181</b>								
1	David Ricks	716	1	David Ricks	474	1	David Ricks	1879
2	Larry Maile	573	2	Larry Maile	408	2	Larry Maile	1532
3	Keith Schiessl	546	3	Tom Cencich	386	3	Frank Agos	1372
4	Jeff Mumaw	495	4	Jim Bardsley	358	4	Jeff Mumaw	1295
5	R.Kent Walton	452	5	Frank Agos	331	5	R.Kent Walton	1270
6	Thomas Zielinski	452	6	Keith Schiessl	331	6	Keith Schiessl	1262
7	Scott Helmer	446	7	Carlos Lewis	303	7	Thomas Zielinski	1257
8	Frank Agos	419	8	R.Kent Walton	303	8	David Brekke	1213
9	Tom Cencich	402	9	Thomas Zielinski	303	9	Scott Helmer	1168
10	William Kergosien	350	10	David Brekke	292	10	William Kellett	1091
11	William Kellett	331	11	Scott Helmer	276	11	Charles McCullough	1069
12	David Brekke	314	12	Jeff Mumaw	265	12	Tom Cencich	1003
13	Jim Bardsley	314	13	William Kergosien	245	13	Jim Bardsley	968
14	Charles McCullough	303	14	William Kellett	243	14	William Kergosien	955
15	Carlos Lewis	154	15	Charles McCullough	236	15	Carlos Lewis	612
<b>198</b>								
1	Gregory Jones	672	1	Mark Goto	534	1	Gregory Jones	1797
2	Keith Kanemoto	606	2	Gregory Jones	496	2	Steve Lemarie	1604
3	Steve Lemarie	579	3	Keith Kanemoto	463	3	Michael Bridges	1598
4	John Hare	551	4	Michael Bridges	452	4	Tony Hambric	1565
5	Eliot Feldman	546	5	Dana Rosenzweig	446	5	John Hare	1525
6	Ron Falcone Jr	546	6	John Hare	405	6	Jerry Dally	1483
7	Jeff Monahos	529	7	Ron Falcone Jr	391	7	John LaGrill	1422
8	Jerry Dally	529	8	Mark Daniel	380	8	Keith Kanemoto	1416
9	Tony Hambric	524	9	Tony Hambric	380	9	Steve Nelson	1372
10	John LaGrill	518	10	Russell Jones	370	10	Jordan Evans	1351
11	Michael Bridges	513	11	Steve Lemarie	364	11	Jeff Monahos	1323
12	Steve Nelson	502	12	Jerry Dally	320	12	Mark Daniel	1306
13	Jim Berrios	485	13	Gary Beck	305	13	Eliot Feldman	1295
14	Jordan Evans	485	14	John LaGrill	303	14	Dave Wilke	1255
15	Gary Beck	475	15	Steve Nelson	303	15	Ron Falcone Jr	1246
16	Mark Daniel	469	16	Jim Berrios	292	16	Gary Beck	1190
17	Mick Heim	435	17	Jeff Monahos	287	17	Mick Heim	1152
18	Russell Jones	420	18	Dave Wilke	265	18	Mark Goto	1140
19	Dave Wilke	397	19	Eliot Feldman	254	19	Russell Jones	1130
20	Mark Goto	369	20	Jordan Evans	254	20	Tim Meekley	1053
<b>220</b>								
1	Doug Currence	634	1	Kevin Rossi	475	1	Mitch Edelstein	1714
2	Kevin Rossi	600	2	Doug Currence	474	2	Doug Currence	1660
3	Mitch Edelstein	595	3	Matt Newton	463	3	Bill Schmidt	1631
4	Bill Schmidt	573	4	Tim Womack	424	4	Kevin Rossi	1598
5	Lenny Creatura	551	5	Greg Stang	415	5	Lenny Creatura	1510
6	Brent Steinbach	540	6	Bill Schmidt	413	6	Jordan Evans	1450

7	James Henderson	535	7	Brent Steinbach	413	7	James Henderson	546	7	James Henderson	1416
8	Brian Birchmeier	515	8	Mitch Edelstein	413	8	Brent Steinbach	529	8	Tim Womack	1405
9	Armando Pares	485	9	Michael Evans	400	9	Milton Ibanez	518	9	Brian Birchmeier	1335
10	Andy Wright	474	10	Lenny Creatura	375	10	Andy Wright	507	10	Greg Stang	1330
11	Ken Paxton	474	11	John Dietz	364	11	Tim Womack	507	11	Andy Wright	1323
12	Tim Womack	474	12	Ken Paxton	364	12	Brian Birchmeier	505	12	Ken Paxton	1312
13	Jordan Evans	450	13	Tod Miller	345	13	Armando Pares	485	13	Armando Pares	1279
14	Tod Miller	450	14	Andy Wright	342	14	Greg Stang	485	14	Tod Miller	1270
15	Greg Stang	430	15	James Henderson	336	15	Tod Miller	475	15	Jordan Evans	1265
16	Steve Nelson	391	16	Brian Birchmeier	315	16	Ken Paxton	474	16	Milton Ibanez	1168
17	Milton Ibanez	386	17	Armando Pares	309	17	Joey Gazo	468	17	John Dietz	1146
18	Joey Gazo	380	18	Chris Howard	276	18	Chris Howard	446	18	Michael Evans	1100
19	John Dietz	375	19	Milton Ibanez	265	19	Todd Ruppert	441	19	Todd Ruppert	1075
20	Todd Ruppert	369	20	Todd Ruppert	265	20	Steve Nelson	430	20	Joey Gazo	1069

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1	Gary Pamplin	711	1	Gary Pamplin	551	1	Shawn Cain	634	1	Gary Pamplin	1791
2	Rick Kolbeck	634	2	Rick Kolbeck	430	2	Wayne Jandoc	573	2	Shawn Cain	1670
3	Wayne Jandoc	612	3	Shawn Cain	430	3	Rick Kolbeck	568	3	Rick Kolbeck	1631
4	Shawn Cain	606	4	Greg Mendoza	425	4	Segismundo Pares	557	4	Wayne Jandoc	1604
5	Todd Dierks	601	5	Wayne Jandoc	419	5	Bill Beekley	551	5	Todd Dierks	1472
6	Brian Birchmeier	545	6	Ken Paxton	380	6	Tim Quinn	540	6	Ken Paxton	1427
7	Jon W Briggs	529	7	Joe Dentice	375	7	Jon W Briggs	535	7	Brian Birchmeier	1375
8	Ken Paxton	529	8	Melvin Hall	375	8	Ed Kutin	529	8	Jon W Briggs	1372
9	Bill Beekley	480	9	Ed Kutin	353	9	Gary Pamplin	529	9	Joe Dentice	1367
10	Greg Mendoza	480	10	Segismundo Pares	347	10	Todd Dierks	529	10	Segismundo Pares	1356
11	Joe Dentice	474	11	Todd Dierks	347	11	Joe Dentice	518	11	Greg Mendoza	1340
12	Segismundo Pares	452	12	Ernest Mullin	336	12	Ken Paxton	518	12	Bill Beekley	1334
13	William Van Sickle	451	13	Brian Birchmeier	330	13	Brian Birchmeier	500	13	Ed Kutin	1312
14	Melvin Hall	441	14	Tim Quinn	325	14	Greg Nucci	468	14	Tim Quinn	1284
15	Ed Kutin	430	15	Jon W Briggs	309	15	Ken Krzyzaniak	450	15	Melvin Hall	1229
16	Greg Nucci	424	16	William Van Sickle	308	16	Greg Mendoza	440	16	Greg Nucci	1195
17	Tim Quinn	419	17	Bill Beekley	303	17	Melvin Hall	413	17	William Van Sickle	1166
18	Ken Krzyzaniak	415	18	Greg Nucci	303	18	William Van Sickle	407	18	Ken Krzyzaniak	1145
19	Ernest Mullin	364	19	Ken Krzyzaniak	280	19	Ernest Mullin	391	19	Ernest Mullin	1091

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1	Dave Gonzales	739	1	Kevin Stewart	551	1	Kevin Stewart	672	1	Kevin Stewart	1929
2	Kevin Stewart	705	2	Dave Gonzales	507	2	Dave Gonzales	650	2	Dave Gonzales	1896
3	Jeff Capps	661	3	Mel Goodwin	502	3	Sam Schultz	615	3	Bill Collins	1720
4	Bill Collins	634	4	Rick Geller	502	4	Jeff Capps	606	4	Sam Schultz	1715
5	Anthony McFerren	630	5	Bill Collins	485	5	Bill Collins	601	5	Jeff Capps	1626
6	Sam Schultz	625	6	Sam Schultz	475	6	Jon W. Briggs	573	6	Mel Goodwin	1626
7	Rick Geller	601	7	Anthony McFerren	420	7	Mel Goodwin	562	7	Rick Geller	1626
8	Jon W. Briggs	562	8	Jon W. Briggs	364	8	Michael Marcotte	557	8	Anthony McFerren	1605
9	Mel Goodwin	562	9	Jeff Capps	358	9	Anthony McFerren	555	9	Jon W. Briggs	1499
10	Richard Brose	550	10	Michael Marcotte	350	10	Richard Brose	550	10	Richard Brose	1440
11	Michael Marcotte	535	11	Jeff Ross	342	11	Jeff Ross	540	11	Michael Marcotte	1435
12	Jeff Ross	502	12	Richard Brose	340	12	Rick Geller	524	12	Jeff Ross	1383
13	Russell Dixon	350	13	Joe Zwick	320	13	Russell Dixon	405	13	Russell Dixon	1050
14	Joe Zwick	243	14	Russell Dixon	295	14	Joe Zwick	276	14	Joe Zwick	838

**SHW**

1	Daniel Gaudreau	772	1	Daniel Gaudreau	612	1	Daniel Gaudreau	705	1	Daniel Gaudreau	2089
2	Paul Fletcher	700	2	Mike Casey	485	2	Jim Pope	650	2	Paul Fletcher	1775
3	Bruce Lee	650	3	Bruce Lee	474	3	Paul Fletcher	635	3	Robert Keyes	1681
4	Gary Hart	623	4	Robert Keyes	457	4	Robert Keyes	612	4	Bruce Lee	1675
5	Robert Keyes	623	5	Paul Fletcher	440	5	Omar Sanchez	568	5	Jim Pope	1665
6	Jim Pope	610	6	Omar Sanchez	430	6	Gary Hart	562	6	Mike Casey	1640
7	Mike Casey	600	7	Steve Johnson	419	7	Mike Casey	555	7	Gary Hart	1543
8	Steve Johnson	524	8	Robert Gains	415	8	Bruce Lee	551	8	Omar Sanchez	1516
9	Omar Sanchez	518	9	Jim Pope	405	9	Steve Johnson	546	9	Steve Johnson	1488
10	Robert Gains	510	10	Gary Hart	358	10	Robert Gains	475	10	Robert Gains	1400
11	Jervis Penn	315	11	Jervis Penn	350	11	Jervis Penn	450	11	Jervis Penn	1115