



2007 VIRGINIA STATE

Lifter	Division	Wt. Class	Squat	Bench	Deadlift	Total
Kim Ryman	40-44	105	220	135	280	635
Erika Trubic	Raw 65-69	123	75	75	155	305
Dawn Lawyer	Open	132	235	155	255	645
Cozetta Penn	Raw 45-49	148	90	130	170	390
Michele Fadeley	Open	165	185	145	265	595
Mallory Anspach	60-64	181	185	145	215	545
Josh Sine	18-19	132	335	210	350	895
Jake Bowers	16-17	148	325	215	325	865
Jeremy Fleming	18-19	148	325	215	370	910
Allen Bowers	18-19	148	335	215	360	910

Lee Hafhemeyer	College	148	405	300	440	1145
Michael Long	College	165	335	275	350	960
Christian Kozub	Raw 45-49	165	260	250	325	835
John Harrop	Open, 55-59	165	445	200	545	1190
Jesse Kozub (14-15)	Out of State, T	181	385	215	375	975
Randy Phillips	College	181	350	260	385	995
Jacob Walker	Raw 18-19,C	181	300	190	385	875
Jerome Penn	40-44	181	260	270	320	850
Josh Jahn	RAW 20-23	181	405	275	405	1085
Mike Kozub	Out of state	181	425	330	485	1240
Jeff Preskar	Raw Open	181	375	265	490	1130
Dana Smith	50-54	181	425	325	350	1100

Chris Fagan	14-15	198	285	145	395	825
Jimmy Clayton	16-17	198	390	225	400	1015
Alan Bowers	16-17	198	275	225	375	875
Jake Pope	Raw 18-19	198	315	225	360	900
David Feltes	College	198	410	330	450	1190
Taylor Farley	College	198	365	300	475	1140
Carl Rigglemen	Spec OLY	198	300	235	275	810
Jeff Lafferty	RAW Open	198	455	325	470	1250
Joe Listopad	Raw 40-44	198	400	265	405	1070
David Moran	Open	198	370	305	415	1090
Matt Mellon	20-23	220	450	340	500	1290
Joe Kuhns	Open	220	600	500	530	1630
Andy Rozewicz	Open	220	425	405	570	1400

Blake Kozlik	Raw College	220	505	300	570	1375
Christopher Cole	College	220	250	185	405	840
Casey Bowers	20-23	220	455	375	500	1330
John McDonald	Raw, out of state	220	405	315	460	1180
Eddie Shrader	40-44	220	500	350	500	1350
Greg Stang	45-49	220	430	415	485	1330
Zack Chestnut	RAW 18-19	242	445	285	500	1230
Justin Fields	20-23	242	500	405	500	1405
Carl Amstone	Raw Open	242	500	355	505	1360
Michael Baugham	Raw Open	242	455	325	530	1310
Ron Beuch	RAW 55-59	242	380	350	475	1205
Mike Nichols	60-64	242	400	300	500	1200

Stevie Murden	18-19	275	455	370	475	1300
Mike Belby	Raw Open	275	500	380	520	1400
Ronnie Armstead	Raw 40- 44 & Police	Supers	485	355	525	1365
Robert Gains	45-49	Supers	510	415	475	1400
Jervis Penn	Raw 45-49	Supers	315	350	450	1115
Josh Wehrmann	Open	Supers	660	405	600	1665
Brandon Bryant	College	Supers	650	405	500	1555
Bench Only						
Dawn Lawyer	Open	132		155		
Cozetta Penn	Raw 45-49	148		130		
William Klos	Raw College	148		250		
Dave Ray (40-44)	Out of State,raw	181		265		

James Duke	Raw Open	181		245		
Jerome Penn	Raw 40-44	181		270		
Thane Russo	Raw Open	198		350		
Carl Rigglemen	Spec Olympian	198		235		
David Von Schuch	College	242		350		
Carl Amstone	RAW Open	242		355		
Jeff Chumley	45-49	242		300		
Jervis Penn	Raw 45-49	Supers		350		
Ironman						
Cozetta Penn	Raw 45-49	148		130	170	300
Will Coyner	Raw Open	181		275	375	650
Jerome Penn	Raw 40-44	181		270	320	590

Jeff Lafferty	RAW Open	198		325	470	795
Jim Harman	55-59	198		310	425	735
Adam Harman	Open	242		360	500	860
Wayne Jordon	Out of State, O	275		425	550	975
Jervis Penn	Raw 45-49	Supers		350	450	800
DEADLIFT						
Cozetta Penn	Raw 45-49	148			170	
Katina James	Open	165			255	
Jerome Penn	Raw 40-44	181			320	
John Eger	Out of State 18- 19 Raw	198			430	
Kenneth James	45-49	220			580	
Jervis Penn	Raw 45-49	Supers			450	