

## Official Invitation

The International Blind Sports Association and the United States Association of Blind Athletes proudly invites all IBSA Member Federations to attend the:

**10<sup>th</sup> Annual IBSA World Bench Press and Powerlifting Championships**  
**1<sup>st</sup> IBSA Pan-American Bench Press and Powerlifting Championships**  
**For Blind and Visually Impaired Athletes**  
**July 1 - 9, 2012 ~ Orlando, Florida [USA]**

**Contest Director:** Robert Keller / [rhk@verizon.net](mailto:rhk@verizon.net) / Tel: 954.790.2249 / Fax: 954.301.3344  
**Championship Sec:** Sergio Centeno / [centeno@choicecable.net](mailto:centeno@choicecable.net) / Tel: 787.607.9895  
**Technical Secretary:** PJ Couvillion / [couvillionp@bellsouth.net](mailto:couvillionp@bellsouth.net) / Tel: 910.233.8313  
**Contest Format:** Standard IBSA/IPF weight classes and age groups [Open, Junior and Master]  
**Technical Rules:** IPF Technical Rules and International Referees will be used at this championship.

**Awards:** Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for each weight class in the Open category. Junior and Master age groups will be divided into groups or weight classes based on the total number of entries. The placing in the Junior/Master groups will be determined by the Wilks Formula. Outstanding lifter awards will be given to the best overall athlete in the Open, Junior and Master categories according to the Wilks Formula. Pan-American Medals athletes will be placed into groups and medals will be awarded by Wilks Formula. Trophies will be awarded to the top three teams in the Open, Junior and Master categories for the powerlifting competition and the top three teams in the bench press competition. Participation diplomas/certificates will be awarded to all lifters, coaches, and referees.

**Organizer:** United States Association of Blind Sports Athletes [USABA]  
**City:** Orlando, Florida, United States of America  
**Dates of Event:** Monday to Sunday, **July 1 - 9, 2012**  
**Lifting Venue:** Grand Ballroom: Hyatt Hotel, Orlando International Airport – Orlando, Florida  
**Hotel:** Hyatt Hotel – Orlando, Florida / Hotel Website – [www.orlandoairport.hyatt.com](http://www.orlandoairport.hyatt.com)  
**Hotel Rates:** \$109.00 + 13% tax = [\$123.17] per night for single or double occupancy. A triple room is \$134.00 + 13% tax = [\$151.42] and a Quad is \$159.00 + 13% tax = [\$179.67]. Executive Suites are available. Please contact Robert Keller for prices.  
**Hotel bookings:** All team members are responsible for their hotel expenses. The organizer of this event is not responsible for hotel accommodations. **Please make your reservations by June 01, 2012 in order to receive the discounted rate.**  
**Meal Package:** A special meal package has been arranged for all the athletes, coaches, administrators, officials, and guests. This special meal plan includes three [3] complete buffet meals per day. The meal plan is **[optional]** and not mandatory. Please complete the enclosed form to order the meal package. Cost is: \$100.00 USD per day, inclusive of taxes. A food court with 15+ restaurants is available in the airport/hotel. Please see the attached PDF.  
**Airport:** Orlando International Airport – Orlando, Florida (MCO)/ [www.orlandoairports.net](http://www.orlandoairports.net)  
**Transport:** The Hyatt Hotel is [connected] directly to the Orlando International Airport. Please send your arrival and departure information with your nomination form.  
**Photographs:** Team Managers are required to send a passport size photograph for each athlete.  
**Scales:** The competition scale will be available at the contest venue 24hrs, beginning July 01, 2012.  
**National Flag:** Each nation must provide its national flag - Approximate size 1.5 m x 1.0 m.  
**National Anthem:** Each nation must provide their national anthem and flag on a CD.  
**Participation Fee:** \$175.00 per lifter [USD] – **Payable to Robert Keller**  
**Drug-Waiver Form:** Each lifter will be required to present official identification [Passport] as well as an IBSA Anti-Doping Release Form at the weigh-in. The IBSA Anti-doping release forms will be distributed at the technical meeting.  
**Spectator Fee:** \$5.00  
**Competition T-shirts:** \$15.00 [Small – Large] / \$20.00 [XL – XXXL]  
**Technical Meeting:** Tuesday, July 2, 2012 @ 1:00pm / Hyatt Hotel – Room TBA  
**Opening Ceremony:** Wednesday, July 3, 2012 @ 6:00pm / Hyatt Hotel Grand Ballroom  
**Farewell Banquet:** Tickets \$40.00 USD / Banquet will be held at 7:30pm, July 08, 2012 at the Hyatt Hotel.  
**Competition Website:** [www.ibsapowerlifting.com](http://www.ibsapowerlifting.com)

### Provisional Timetable of Events

<u>Date</u>	<u>Event Title</u>	<u>Start time</u>
July 01, 2012	Arrival of Athletes/Officials [Recommended]	0900 hrs
July 02, 2012	Athlete Classification	0900 hrs
July 02, 2012	Athlete/Officials Accreditation [By appointment]	0900 hrs
July 02, 2012	IBSA Powerlifting General Assembly/Congress	1000 hrs
July 02, 2012	Recess/Lunch for delegates	1200 hrs
July 02, 2012	Technical Meeting / Referee Assignments	1300 hrs
July 02, 2012	Referee Meeting	1400 hrs
July 02, 2012	IPC / IBSA Conference	1500 hrs
July 02, 2012	Media Press Conference	1700 hrs
July 02, 2012	Social Event for Delegation Officials and Staff	1800 hrs
July 03, 2012	WADA Anti-doping Seminar	0900 hrs
July 03, 2012	Early Equipment Check – All Athletes	1300 hrs
July 03, 2012	Media Press Conference	1500 hrs
July 03, 2012	Opening Ceremony	1800 hrs
July 03, 2012	Social Event for Delegation Officials and Staff	1900 hrs
July 04, 2012	<b>National Holiday – American Independence Day</b>	
July 04, 2012	Weigh-in: All Women Powerlifters	0900 hrs
July 04, 2012	Lifting: All Women	1100 hrs
July 04, 2012	Victory Ceremony/Drug-testing Protocol	1300 hrs
July 04, 2012	Fireworks Display – Disney World	1800 hrs
July 05, 2012	Weigh-in: All Men 56.00 – 75.00kg	1100 hrs
July 05, 2012	Lifting: All Men 56.00 – 75.00kg	1300 hrs
July 05, 2012	Victory Ceremony/Drug-testing Protocol	1700 hrs
July 05, 2012	Media Press Conference	1800 hrs
July 06, 2012	Weigh-in: All Men 82.50 – 100.00kg	1100 hrs
July 06, 2012	Lifting: All Men 82.50 – 100.00kg	1300 hrs
July 06, 2012	Victory Ceremony/Drug-testing Protocol	1700 hrs
July 06, 2012	Media Press Conference	1800 hrs
July 07, 2012	Weigh-in: All Men 110.00 – 125.00+kg	1000 hrs
July 07, 2012	Lifting: All Men 110.00 – 125.00+kg	1200 hrs
July 07, 2012	Victory Ceremony/Drug-testing Protocol	1700 hrs
July 07, 2012	Closing Ceremony	1730 hrs
July 07, 2012	Media Press Conference	1800 hrs
July 07, 2012	Championship Banquet	1930 hrs
July 08, 2012	Walt Disney World Tours	0900 hrs
July 09, 2012	Departure of all Delegations	0900 hrs



**International Blind Sports Association (IBSA)**  
**United States Association of Blind Athletes (USABA)**

**Official Nomination Form**

The International Blind Sports Association and the United States Association of Blind Athletes proudly invites all IBSA Member Federations to attend the:

**10<sup>th</sup> Annual IBSA World Bench Press and Powerlifting Championships**  
**1<sup>st</sup> IBSA Pan-American Bench Press and Powerlifting Championships**

**For Blind and Visually Impaired Athletes**

**July 1 - 9, 2012 ~ Orlando, Florida [USA]**

<b><u>Preliminary: May 01, 2012</u></b>	<b><u>Not Participating: June 01, 2012</u></b>	<b><u>Final: June 01, 2012</u></b>
---	--	------------------------------------

**The preliminary and final nomination forms must be sent to:**

Robert Keller / Email: [rhk@verizon.net](mailto:rhk@verizon.net) / Telephone: 954.790.2249 / Fax: 954.301.3344

Sergio Centeno / Email: [centeno@choicecable.net](mailto:centeno@choicecable.net) / Telephone: 787.607.9895

Submitted by \_\_\_\_\_ National Powerlifting Federation/Association

Submitting officer: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_

Team Manager : \_\_\_\_\_ Coach: \_\_\_\_\_

Referee 1 : \_\_\_\_\_ Cat : \_\_\_\_\_ Available for categories: \_\_\_\_\_

Referee 2 : \_\_\_\_\_ Cat : \_\_\_\_\_ Available for categories: \_\_\_\_\_

Referee 3 : \_\_\_\_\_ Cat : \_\_\_\_\_ Available for categories: \_\_\_\_\_

Total number of lifters: \_\_\_\_\_ Total amount of \_\_\_\_\_ Arrival \_\_\_\_\_ Flight/train/car \_\_\_\_\_

Arrival time: \_\_\_\_\_ On airport/station: \_\_\_\_\_ Flight nr: \_\_\_\_\_

Departure time: \_\_\_\_\_ Time: \_\_\_\_\_ Flight nr: \_\_\_\_\_

We need rooms: \_\_\_\_\_ Single – from – to: \_\_\_\_\_ Double – from – to: \_\_\_\_\_

**Important Competition Notes:**

1. Please be sure to make your hotel reservations at the Hyatt Regency Hotel by NLT June 01, 2012 in order to receive the special discounted rate. All delegation athletes/officials/coaches are required to stay at the Hyatt Regency Hotel – Orlando International Airport.
2. Changes may occur to the timetable of events. All changes to the timetable of events will take place at the technical meeting that will be held on July 02, 2012 at 1:00pm. **It is required that one delegate from each member federation be present at the Technical Meeting.** Each athlete entered into the powerlifting event will automatically be entered into the bench press competition.
3. The Final Nomination Date of June 01, 2012 will be adhered to by all member federations. Please do not wait until the deadline date to send your nomination forms. ALL requested information must be sent or your documents will be rejected.
4. ALL Member Federations must send BOTH the Preliminary and Final Nomination Forms by the set deadlines.
5. All fees must be paid by each member federation, in full, before the start of the championship.
6. Per IBSA/IPF Rules, it will be mandatory that each athlete to have a National Team Warm-up/Track Suit on at their award presentation. All coaches will be required to wear National Sport Dress during the direction of the championship. No exceptions!
7. Security for all member federation delegations will be in place at the Hyatt Regency Hotel and at the championship venue where the lifting will take place.
8. The championship will be televised by LIVE webstream via the internet.





**International Blind Sports Association (IBSA)**  
**United States Association of Blind Athletes (USABA)**

---

**Nominations – Men’s Junior Powerlifting**

<b>Wt. Class</b>	<b>Name (complete)</b>	<b>Birthday</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>	<b>Titles</b>

**Reserve lifters:** [Maximum Two [2] per team]

<b>Wt. Class</b>	<b>Name (complete)</b>	<b>Birthday</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>Total</b>	<b>Titles</b>

**Nominations – Women’s Junior Powerlifting**

<b>Wt. Class</b>	<b>Name (complete)</b>	<b>Birthday</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>TOTAL</b>	<b>Titles</b>

**Reserve lifters:** [Maximum Two [2] per team]

<b>Wt. Class</b>	<b>Name (complete)</b>	<b>Birthday</b>	<b>Squat</b>	<b>Bench</b>	<b>Deadlift</b>	<b>TOTAL</b>	<b>Titles</b>



**International Blind Sports Association (IBSA)  
United States Association of Blind Athletes (USABA)**

---

**Nominations – Men’s Masters 40+ / 50+ / 60+ Powerlifting**

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	Total	Titles

**Reserve lifters: [Maximum Two [2] per team]**

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	Total	Titles

**Nominations – Women’s Masters 40+ / 50+ / 60+ Powerlifting**

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

**Reserve lifters: [Maximum Two [2] per team]**

Wt. Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles



**International Blind Sports Association (IBSA)**  
**United States Association of Blind Athletes (USABA)**

---

**Nominations – Men’s Open Bench Press**

<b>Class</b>	<b>Name</b>	<b>Birth Date</b>	<b>Best Bench</b>	<b>International Titles</b>

**Nominations – Women’s Open Bench Press**

<b>Class</b>	<b>Name</b>	<b>Birth Date</b>	<b>Best Bench</b>	<b>International Titles</b>

**Reserve Lifters**


**IBSA BODYWEIGHT CATEGORIES**

**Bodyweight categories for the Women’s Open & Masters are: 48, 52, 56, 60, 67.5, 75, 82.5, 90, & 90+ kg**

**Bodyweight categories for the Men’s Open & Masters are: 56, 60, 67.5, 75, 82.5, 90, 100, 110, 125, & 125+ kg**

**Bodyweight categories for the Women’s Sub-junior/Junior are: 44, 48, 52, 56, 60, 67.5, 75, 82.5, 90, & 90+ kg**

**Bodyweight categories for the Men’s Sub-junior/Junior are: 52, 56, 60, 67.5, 75, 82.5, 90, 100, 110, 125, & 125+ kg**





**International Blind Sports Association (IBSA)**  
**United States Association of Blind Athletes (USABA)**

---

**HOTEL BOOKING FORM**

Country of: \_\_\_\_\_

Visitors Name	Single (or) Double Room	Arrival Date	Departure Date
<b>Room 1</b>			
<b>Room 2</b>			
<b>Room 3</b>			
<b>Room 4</b>			
<b>Room 5</b>			
<b>Room 6</b>			
<b>Room 7</b>			
<b>Room 8</b>			
<b>Room 9</b>			

\_\_\_\_\_  
National Federation – General Secretary

\_\_\_\_\_  
National Federation President/Executive Officer

\_\_\_\_\_  
(Print) National Federation – General Secretary

\_\_\_\_\_  
(Print) National Federation President/Executive Officer









International Blind Sports Association (IBSA)  
 United States Association of Blind Athletes (USABA)

## IBSA World Bench Press & Powerlifting Championships

### Official Payment Document

Country / Member Federation	Arrival Date	Departure Date	City
<b>Travel Dates</b>			Orlando, Florida
<b>Total Number of Travelers</b>			Orlando, Florida
Service	Number of Participants	Cost per Traveler	Total Amount
<b>Buffet Meal Plan [optional]</b>		\$100.00 USD [per day]	
<b>Athlete Participation Fee</b>		\$175.00 USD [per athlete]	
<b>Official Competition T-Shirt</b>		\$15.00 USD [Small – Large]	
<b>Official Competition T-Shirt</b>		\$20.00 USD [XL – XXXL]	
<b>Spectator Passes for Event</b>		\$5.00 USD Per Day	
<b>Banquet Tickets</b>		\$40.00 USD Per Athlete	
Service	Number Rooms	Amount per Room	Total Amount
<b>Hotel - Single/Double Room</b>		\$123.17 USD [per day]	
<b>Hotel – Triple Room</b>		\$151.42 USD [per day]	
<b>Hotel – Quad Room</b>		\$179.67 USD [per day]	
<b>Registration after June 01, 2012</b>		<b>10% Late Fee:</b>	
		<b>Amount Enclosed:</b>	

#### Payment Methods – Hotel / Meal Plan

Hotel Room and daily Buffet Meal Plan Payments may be made by credit card (Visa, American Express, MasterCard, or Discover), money order, cashier's check, certified check or wire transfer. Please contact me directly as to how your federation desires to make payment for the hotel fees and meal plan.

#### Payment Methods – Participation Fee / Transport / T-Shirts / Spectator Passes / Banquet

Payments for the participation fee can be made by cash, money order, cashier's check, certified check or wire transfer. Please contact me directly as to how your federation desires to make payment for these fees.

*All payments are required to be made by June 01, 2012. If you require additional time, please contact me directly so that arrangements can be made. Arrangements are made on a case by case basis.*

Thank you very much,

**Robert Keller**

**Championship Director**

**2012 IBSA World Bench Press & Powerlifting Championships – Orlando, Florida**

RESTAURANTS		MAP LOCATION
Carvel	K	Food Court
Chick-Fil-A	L	Food Court
Krispy Kreme	L	Food Court
McDonald's	K	Food Court
Nathan's Famous Hot Dogs	K	Food Court
Panda Express	K	Food Court
Quiznos Subs	L	Food Court
Sbarro	L	Food Court
Seattle's Best	F	
Starbucks Coffee	D	

**Table Service Restaurants**

Chili's Too	J
Fox Sports Bar	J
Macaroni Grill	J

**Hyatt Regency @ MCO Restaurants**

Hemisphere - Level 9
McCoys - Level 4

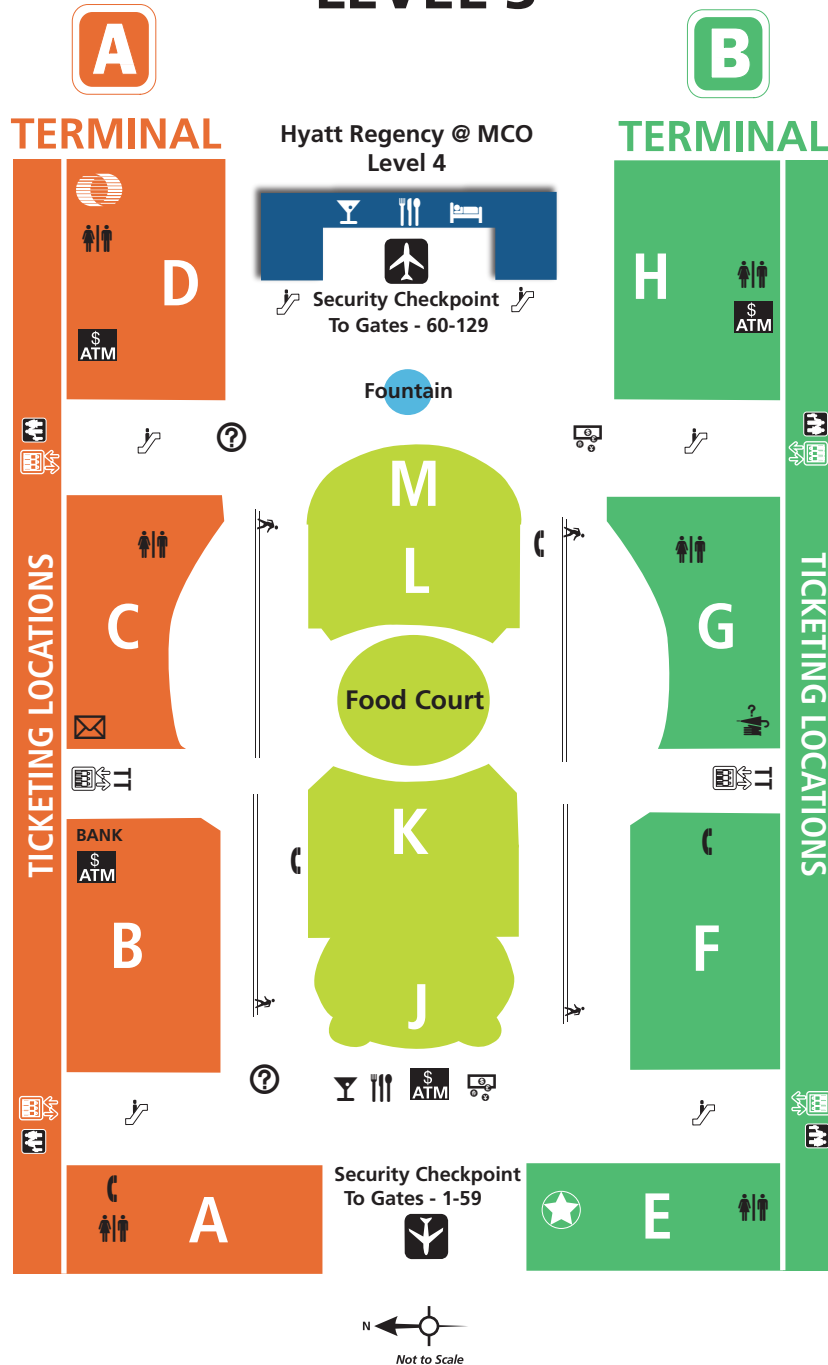
SHOPPING		MAP LOCATION
Airport Wireless	B	
Bayside Brush	B	
Borders Books	F	
Brookstone	C	
Crocs	F	
Del Sol	G	
Disney's Earport	M	
Dog-E-Works	B	
Erwin Pearl	F	
Gem Collection	B	
GUESS	B	
Harley Davidson	C	
Hudson Booksellers	D	
Inmotion Entertainment	G	
Johnston & Murphy	G	
Kennedy Space Center	B & G	
King of Kong Arcade (coming Fall 2010)	C	
Lids	C	
L'Occitane	G	
Lush	C	
The Magic of Disney	E	
Oakely	B	
Perfumania	B	
Ron Jon's Surf Shop	F	
Sea World	B & C	
Skechers	F	
Sunglass International	F	
Swatch	B	
Taxco Sterling	F	
Universal Studios	A & G	

News/Gifts/Sundries	
Hudson News	H
CNN News and Gifts	A

# SHOPPING & DINING

## LEVEL 3



### SERVICES LEVEL 3

Airport Information Centers	?
ATM Machines	\$ ATM
Bank/SunTrust	B
Check Point Mailers	Security Checkpoints
Currency Exchange/Western Union	?
FedEx Drop Box	C ☑
Internet Kiosks	Various
Lost & Found	?
Postal Drop Box	C ☑
Solantic - Walk-in Clinic	F
Shoeshine	A & C
UPS Drop Box	C ☑

- Complimentary WiFi available in all public areas
- Payphones and calling cards are available throughout the terminal
- Smarte Cartes are conveniently located throughout the terminal and garage facilities
- Hyatt Business Center, Hyatt Regency 4th Floor - Lobby North

### MISCELLANEOUS LEVEL 3

Greater Orlando Aviation Authority Offices	?
Companion Care Restroom	?
Escalators	?
Elevators with tunnel access to pedestrian tunnels for parking garages	?
Hotel	?
Phones	?
Police	?
Restrooms	?
Terminal Top Parking Elevators	?

