

3/22/2010		4th IPF/NAPF Caribbean Islands Bench Press & Powerlifting Championships																									
Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Age Coeff	SQ rack	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	(3) Age-Wilks	PI Code	Pl-Div- WtCls-Evt
Paula Smith	USVI	F-M1	138.3	90+	5	0.7794	1966	2.05	19	140	157.5	172.5	172.5	87.5	97.5	100	100	272.5	145	165	172.5	172.5	445	346.833	711.008	2	1-F-M1-PL
Migdalia Fernandez	PUR	F-O	65.2	67.5	6	1.0467	1974	2.05	11	147.5	170	180	180	90	102.5	105	105	285	147.5	172.5	177.5	177.5	462.5	484.099	992.402	2	1-F-O-PL
Paula Smith	USVI	F-O	138.3	90+	5	0.7794	1966	2.05	18	140	157.5	172.5	172.5	87.5	97.5	100	100	272.5	145	165	172.5	172.5	445	346.833	711.008	2	2-F-O-PL
Yolande McIntyre	TRI	F-O	72.7	75	4	0.9698	1981	2.05	15	107.5	112.5	115	115	42.5	47.5	50	50	165	120	125	130	130	295	286.091	586.487	2	3-F-O-PL
Cheryl Abraham	TRI	F-O	92.7	90+	7	0.854	1979	2.05	15	110	120	130	130	42.5	50	-55	50	180	125	137.5	142.5	142.5	322.5	275.415	564.601	2	4-F-O-PL
Nairanjah Singh	USA	M-M3	82.1	82.5	20	0.6719	1945	2.05	13	-442.5	142.5	-150	142.5	-440	110	115	115	257.5	175	182.5	-185	182.5	440	295.636	606.054	2	1-M-M3-PL
Winston Stoby	GUY	M-M2	74.3	75	22	0.7173	1959	2.05	15	230	242.5	-250	242.5	130	137.5	-140	137.5	380	240	265	272.5	272.5	652.5	468.038	959.478	2	1-M-M2-PL
Errol Henry	GUY	M-M2	87.6	90	7	0.6475	1956	2.05	13	230	-260	-260	230	130	132.5	-145	132.5	362.5	240	242.5	-260	242.5	605	391.737	803.062	2	2-M-M2-PL
Thomas Cencich	USA	M-M2	82	82.5	24	0.6724	1960	2.05	15 in	165	182.5	-195	182.5	175	-203	-203	175	357.5	185	197.5	202.5	202.5	560	376.544	771.915	2	3-M-M2-PL
Edwin Spencer	GUY	M-M2	87.3	90	4	0.6487	1960	2.05	14	210	-227.5	-227.5	210	-102.5	102.5	-107.5	102.5	312.5	195	-205	-205	195	507.5	329.215	674.891	2	4-M-M2-PL
Bhojkumar Jagnarine	GUY	M-M1A	77.1	82.5	21	0.6993	1969	2.05	11	215	227.5	235	235	105	110	112.5	112.5	347.5	250	260	272.5	272.5	620	433.566	888.810	2	1-M-M1A-PL
Farouk Abdool	GUY	M-M1A	108	110	16	0.5919	1970	2.05	18 in	265	272.5	280	280	150	155	157.5	157.5	437.5	250	-265	265	265	702.5	415.810	852.410	2	2-M-M1A-PL
Jonathan Joseph	USVI	M-M1A	67.5	67.5	14	0.771	1963	2.05	14	115	127.5	137.5	137.5	87.5	97.5	100	100	237.5	125	157.5	165	165	402.5	310.328	636.171	2	3-M-M1A-PL
John Edwards	GUY	M-M1B	119.5	125	19	0.5755	1967	2.05	16 in	-327.5	327.5	350	350	-215	215	-232.5	215	565	282.5	295	-305	295	860	494.930	1014.607	2	1-M-M1B-PL
Anthony Farnum	TRI	M-M1B	121.6	125	14	0.5732	1968	2.05	16	287.5	310	-320	310	182.5	-195	-195	182.5	492.5	272.5	-287.5	287.5	287.5	780	447.096	916.547	2	2-M-M1B-PL
Carlos Greene	TRI	M-M1B	123.8	125	21	0.571	1968	2.05	22 in	275	287.5	-297.5	287.5	185	-195	-195	185	472.5	282.5	297.5	310	310	782.5	446.807	915.955	2	3-M-M1B-PL
Ramon Burgos	PUR	M-J	88.9	90	10	0.6424	1988	2.05	15	297.5	-310	310	310	160	172.5	177.5	177.5	487.5	277.5	300	0	300	787.5	505.890	1037.075	2	1-M-J-PL
Anis Ade Thomas	GUY	M-J	81.5	82.5	25	0.6749	1989	2.05	20	235	242.5	-252.5	242.5	107.5	112.5	-117.5	112.5	355	265	272.5	275	275	630	425.187	871.633	2	2-M-J-PL
Wazeem Immandeen	GUY	M-J	58.5	60	15	0.8731	1987	2.05	15	167.5	-182.5	-192.5	167.5	77.5	92.5	100	100	267.5	192.5	210	-217.5	210	477.5	416.905	854.656	2	3-M-J-PL
Vijai Rahim	GUY	M-SJ	55.1	56	12	0.925	1992	2.05	13	-172.5	172.5	-180	172.5	-82.5	82.5	-90	82.5	255	192.5	-207.5	0	192.5	447.5	413.938	848.572	2	1-M-SJ-PL
Tariq Immandeen	GUY	M-SJ	57	60	11	0.8949	1992	2.05	15	130	142.5	-152.5	142.5	62.5	67.5	-75	67.5	210	182.5	187.5	-190	187.5	397.5	355.723	729.232	2	2-M-SJ-PL
Jameal Welcome	CAY	M-SJ	65.9	67.5	23	0.7862	1993	2.05	19	-102.5	105	145	145	62.5	-75	-77.5	62.5	207.5	147.5	162.5	170	170	377.5	296.790	608.421	2	3-M-SJ-PL
Marvin Jordan	TRI	M-SJ	122.2	125	17	0.5726	1992	2.05	19	185	190	197.5	197.5	92.5	97.5	100	100	297.5	192.5	200	210	210	507.5	290.595	595.719	2	4-M-SJ-PL
Kenrick McField	CAY	M-SJ	107.5	110	15	0.5928	1991	2.05	21	120	132.5	150	150	92.5	115	-127.5	115	265	145	165	-190	165	430	254.904	522.553	2	5-M-SJ-PL
Wazeem Immandeen	GUY	M-O	58.5	60	15	0.8731	1987	2.05	15	167.5	-182.5	-192.5	167.5	77.5	92.5	100	100	267.5	192.5	210	-217.5	210	477.5	416.905	854.656	1	1-M-O-60-PL
Jonathan Joseph	USVI	M-O	67.5	67.5	14	0.771	1963	2.05	14	115	127.5	137.5	137.5	87.5	97.5	100	100	237.5	125	157.5	165	165	402.5	310.328	636.171	1	1-M-O-67.5-PL
Jameal Welcome	CAY	M-O	65.9	67.5	23	0.7862	1993	2.05	19	-102.5	105	145	145	62.5	-75	-77.5	62.5	207.5	147.5	162.5	170	170	377.5	296.790	608.421	1	2-M-O-67.5-PL
Kelvin Lewis	GUY	M-O	67.5	67.5	13	0.771	1982	2.05	11	-215	-215	-215	0	0			0	0	0			0	0	0.000	0.000	1	
Ryan Williams	GUY	M-O	73.9	75	18	0.72	1984	2.05	13	220	230	237.5	237.5	137.5	-147.5	-147.5	137.5	375	230	240	250	250	625	450.000	922.500	1	1-M-O-75-PL
Mervyn Moses	GUY	M-O	73.9	75	26	0.72	1976	2.05	11	-292.5	-292.5	292.5	292.5	-177.5	182.5	185	185	477.5	267.5	-267.5	-267.5	265	0	0.000	0.000	1	
Randolph Morgan	GUY	M-O	80.6	82.5	19	0.6795	1978	2.05	13	272.5	287.5	295	295	182.5	192.5	205	205	500	272.5	295	-300	295	795	540.202	1107.415	1	1-M-O-82.5-PL
Thomas Cencich	USA	M-O	82	82.5	24	0.6724	1960	2.05	15 in	165	182.5	-195	182.5	175	-203	-203	175	357.5	185	197.5	202.5	202.5	560	376.544	771.915	1	2-M-O-82.5-PL
Nairanjah Singh	USA	M-O	82.1	82.5	20	0.6719	1945	2.05	13	-442.5	142.5	-150	142.5	-440	110	115	115	257.5	175	182.5	-185	182.5	440	295.636	606.054	1	3-M-O-82.5-PL
Ramon Burgos	PUR	M-O	88.9	90	10	0.6424	1988	2.05	15	297.5	-310	310	310	160	172.5	177.5	177.5	487.5	277.5	300	0	300	787.5	505.890	1037.075	1	1-M-O-90-PL
Tony McInerney	CAY	M-O	88.3	90	6	0.6447	1972	2.05	19	-245	-245	-245	0	135	145	147.5	147.5	0	245	-262.5	-262.5	245	0	0.000	0.000	1	
Adrian Brown	TRI	M-O	96.4	100	8	0.618	1975	2.05	19	307.5	-327.5	-327.5	307.5	165	170	-172.5	170	477.5	272.5	277.5	-290	277.5	755	466.590	956.509	1	1-M-O-100-PL
Karel Mars	GUY	M-O	92.7	100	5	0.6292	1979	2.05	14	272.5	-295	-295	272.5	152.5	155	177.5	177.5	450	265	277.5	-295	277.5	727.5	457.743	938.373	1	2-M-O-100-PL
Jesse Johnson	TRI	M-O	95.6	100	9	0.6203	1978	2.05	22	220	-225	-225	220	-135	-140	-140	0	0	265	270	-272.5	270	0	0.000	0.000	1	
Farouk Abdool	GUY	M-O	108	110	16	0.5919	1970	2.05	18 in	265	272.5	280	280	150	155	157.5	157.5	437.5	250	-265	265	265	702.5	415.810	852.410	1	1-M-O-110-PL
Mark Seymour	GUY	M-O	109.2	110	20	0.5898	1976	2.05	16	260	282.5	295	295	140	145	-155	145	440	-240	240	250	250	690	406.962	834.272	1	2-M-O-110-PL
Kenrick McField	CAY	M-O	107.5	110	15	0.5928	1991	2.05	21	120	132.5	150	150	92.5	115	-127.5	115	265	145	165	-190	165	430	254.904	522.553	1	3-M-O-110-PL

Side Referee

Chief Referee

Side Referee

