

North America Powerlifting Federation
3rd IPF/NAPF/FESUPO Pan-American Regional Bench Press Championships
British Virgin Islands, Road Town, Tortola, 06-09.10.2010
Nominations as of September 05, 2010

Name/Firstname/B.Year	Nation	Benchpress
Open		
- 56 kg		
1 Rodrigues Silva Samuel /82	Brazil	125.0
- 67,5 kg		
1 Richards Naval /67	British Virgin Island	135.0
- 75 kg		
1 Maoury Demetrius /66	United States of America	197.5
2 Oishi Eric /79	Brazil	185.0
3 Melendez Carlo /83	Puerto Rico	157.5
- 82,5 kg		
1 Bardsley James /88	United States of America	132.5
2 Kendall Mark /82	British Virgin Island	130.0
3 Benons Vernon /75	British Virgin Island	125.0
- 90 kg		
1 Anderson Danley /80	British Virgin Island	142.5
2 Gibson Kevin /78	British Virgin Island	142.5
3 Bardsley Jim /59	United States of America	140.0
4 Yearwood Omotosho /77	British Virgin Island	140.0
5 Gaskin Alex /94	United States Virgin Island	107.5
- 100 kg		
1 Poore Clint /73	United States of America	232.5
2 De Almeida Alex /79	Brazil	210.0
3 Blás Orlando /69	Puerto Rico	207.5
4 James Sydney /71	British Virgin Island	147.5
5 Gaskin Joseph /58	United States Virgin Island	125.0
6 Santana Ortega /79	British Virgin Island	122.5
7 Koprnický Miroslav /51	Canada	—
- 110 kg		
1 Calvano Chris /69	United States of America	257.5
2 Pessoa Edmur /67	Brazil	240.0
3 Currence Doug /59	United States of America	220.0
4 Zaccarias Joao Carlos /68	Brazil	210.0
5 Gonzalez Antonio /71	Puerto Rico	197.5
6 Millan Harold /73	Puerto Rico	192.5
7 Reeve Shevron /79	British Virgin Island	165.0
- 125 kg		
1 Ferraz Carlos Eduardo /80	Brazil	260.0
2 Bales Shaun /79	United States of America	255.0
3 Alves Wagner /73	Brazil	240.0
4 Nieves Lazaro /77	Puerto Rico	230.0
5 Williams Cliff /73	British Virgin Island	180.0
125+ kg		
1 Bogart John /72	United States of America	340.0
2 Rocha Serafim /48	Brazil	160.0

Subjuniors**- 75 kg**

1 Thomas Dimari /93 British Virgin Island 120.0

- 90 kg

1 Gaskin Alex /94 United States Virgin Island 107.5

Juniors**- 82,5 kg**

1 Bardsley James /88 United States of America 132.5

2 Guishard Aaron /89 British Virgin Island 110.0

- 125 kg

1 Penn Rico /88 British Virgin Island 100.0

Masters 1**- 67,5 kg**

1 Richards Naval /67 British Virgin Island 135.0

- 75 kg

1 Maoury Demetrius /66 United States of America 197.5

- 100 kg

1 Blás Orlando /69 Puerto Rico 207.5

2 Daley Dowlyn /70 British Virgin Island 142.5

- 110 kg

1 Calvano Chris /69 United States of America 257.5

2 Pessoa Edmur /67 Brazil 240.0

3 Zaccarias Joao Carlos /68 Brazil 210.0

Masters 2**- 75 kg**

1 Spooner Winston /52 British Virgin Island 67.5

- 90 kg

1 Bardsley Jim /59 United States of America 140.0

- 100 kg

1 Gaskin Joseph /58 United States Virgin Island 125.0

2 Koprnický Miroslav /51 Canada —

- 110 kg

1 Currence Doug /59 United States of America 220.0

Masters 3**- 125 kg**

1 Rocha Serafin /48 Brazil 160.0

