

North America Powerlifting Federation
5th Annual IPF/FESUPO/NAPF Caribbean Islands Powerlifting Championships
Cayman Islands, Georgetown, 23-26.03.2011
Nominations as of March 09, 2011

Name/Firstname/B.Year	Nation	Squat	Bench press	Dead lift	Sum	Total
Open						
- 59 kg						
1 Flores Fernando /90	Puerto Rico	150.0	85.0	157.5	392.5	392.5
- 66 kg						
1 Pattaway David /59	Cayman Island	180.0	90.0	180.0	450.0	470.0
- 74 kg						
1 Melendez Carlo /83	Puerto Rico	230.0	170.0	215.0	615.0	615.0
2 Sookraj Timothy /93	Trinidad and Tobago	165.0	90.0	170.0	425.0	425.0
- 83 kg						
1 Morgan Randolph /78	Guyana	285.0	205.0	310.0	800.0	800.0
2 Thomas Anis Ade /89	Guyana	242.5	112.5	275.0	630.0	630.0
3 Cencich Thomas /60	United States of America	207.5	197.5	202.5	607.5	607.5
4 Laboy Isaac /89	Puerto Rico	192.5	127.5	235.0	555.0	555.0
5 Lora Claudio /53	Dominican Republic	200.0	140.0	200.0	540.0	540.0
6 Reid Tony /71	Cayman Island	180.0	110.0	180.0	470.0	470.0
7 Bergstrom William Kordy /93	Cayman Island	125.0	55.0	120.0	300.0	300.0
- 93 kg						
1 Cieri Dennis /65	United States of America	190.0	272.5	190.0	652.5	652.5
2 McInerney Tony /72	Cayman Island	235.0	135.0	240.0	610.0	610.0
3 Knox Adrian /86	Trinidad and Tobago	215.0	105.0	230.0	550.0	550.0
4 Gaskin Alex /94	United States Virgin Island	217.5	107.5	222.5	547.5	547.5
5 Browne Dwight /79	United States Virgin Island	182.5	137.5	220.0	540.0	540.0
6 Francis Ray /93	United States Virgin Island	145.0	77.5	182.5	405.0	405.0
7 Ferris Johnny /96	United States Virgin Island	120.0	77.5	160.0	357.5	357.5
8 Thompson Brandon /95	Cayman Island	125.0	55.0	120.0	300.0	300.0
- 105 kg						
1 Mars Karel /79	Guyana	302.5	177.5	285.0	765.0	765.0
2 Melville Kenneth /89	Guyana	270.0	152.5	282.5	705.0	705.0
3 Brown Adrian /75	Trinidad and Tobago	295.0	160.0	250.0	705.0	705.0
4 Davis Dail /76	Cayman Island	220.0	135.0	220.0	575.0	575.0
5 Gaskin Joseph /58	United States Virgin Island	175.0	125.0	182.5	482.5	482.5
6 Brown Elpert /93	United States Virgin Island	192.5	102.5	185.0	480.0	480.0
7 Tonge Benjamin /93	Cayman Island	102.5	55.0	142.5	300.0	300.0
- 120 kg						
1 Edwards John /67	Guyana	350.0	227.5	295.0	872.5	872.5
2 Chesney Colin /74	Guyana	337.5	195.0	250.0	782.5	782.5
3 Victorine Raymond /69	United States Virgin Island	250.0	165.0	260.0	675.0	675.0
4 Pierre Cleon Maurice /82	Trinidad and Tobago	225.0	130.0	250.0	605.0	605.0
5 Rivers Shirley Oscar /95	Cayman Island	137.5	55.0	150.0	342.5	342.5
120+ kg						
1 Schouten William /75	United States Virgin Island	387.5	220.0	295.0	902.5	902.5
2 Commissiong Kerron /84	Trinidad and Tobago	300.0	190.0	275.0	765.0	765.0

In the Competitions were participating 33 lifters

Subjuniors

- 74 kg						
1 Sookraj Timothy /93	Trinidad and Tobago	165.0	90.0	170.0	425.0	425.0
- 83 kg						
1 Bergstrom William Kordy /93	Cayman Island	125.0	55.0	120.0	300.0	300.0
- 93 kg						

1 Gaskin Alex /94	United States Virgin Island	217.5	107.5	222.5	547.5	547.5
2 Francis Ray /93	United States Virgin Island	145.0	77.5	182.5	405.0	405.0
3 Ferris Johnny /96	United States Virgin Island	120.0	77.5	160.0	357.5	357.5
4 Myles Christopher /93	Cayman Island	95.0	62.5	150.0	307.5	307.5
5 Thompson Brandon /95	Cayman Island	125.0	55.0	120.0	300.0	300.0
- 105 kg						
1 Brown Elpert /93	United States Virgin Island	192.5	102.5	185.0	480.0	480.0
2 Tonge Benjamin /93	Cayman Island	102.5	55.0	142.5	300.0	300.0
- 120 kg						
1 Rivers Shirley Oscar /95	Cayman Island	137.5	55.0	150.0	342.5	342.5

In the Competitions were participating 10 lifters

Juniors

- 59 kg

1 Flores Fernando /90	Puerto Rico	150.0	85.0	157.5	392.5	392.5
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- 66 kg

1 Mc Laughlin Johanathan /91	Cayman Island	50.0	45.0	125.0	220.0	220.0
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- 83 kg

1 Thomas Anis Ade /89	Guyana	242.5	112.5	275.0	630.0	630.0
2 Laboy Isaac /89	Puerto Rico	192.5	127.5	235.0	555.0	555.0
3 Bally Nigel /91	Trinidad and Tobago	165.0	100.0	165.0	430.0	430.0
4 Khan Fareed /91	Trinidad and Tobago	125.0	100.0	180.0	405.0	405.0

- 105 kg

1 Melville Kenneth /89	Guyana	270.0	152.5	282.5	705.0	705.0
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- 120 kg

1 McLeod Ade /92	Trinidad and Tobago	185.0	100.0	190.0	475.0	475.0
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120+ kg

1 Martin Sheah /91	Trinidad and Tobago	255.0	145.0	200.0	600.0	600.0
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In the Competitions were participating 9 lifters

Masters 1

- 74 kg

1 Joseph Jonathan /63	United States Virgin Island	142.5	105.0	175.0	422.5	422.5
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- 83 kg

1 Reid Tony /71	Cayman Island	180.0	110.0	180.0	470.0	470.0
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- 93 kg

1 Cieri Dennis /65	United States of America	190.0	272.5	190.0	652.5	652.5
2 Basdeo Cecil /69	Trinidad and Tobago	200.0	140.0	200.0	540.0	540.0

- 120 kg

1 Edwards John /67	Guyana	350.0	227.5	295.0	872.5	872.5
2 Farnum Anthony /68	Trinidad and Tobago	290.0	175.0	260.0	725.0	725.0
3 Victorine Raymond /69	United States Virgin Island	250.0	165.0	260.0	675.0	675.0
4 Greene Carlos /68	Trinidad and Tobago	230.0	140.0	295.0	665.0	665.0

In the Competitions were participating 8 lifters

Masters 2

- 66 kg

1 Pattaway David /59	Cayman Island	180.0	90.0	180.0	450.0	470.0
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- 83 kg

1 Cencich Thomas /60	United States of America	207.5	197.5	202.5	607.5	607.5
2 Lora Claudio /53	Dominican Republic	200.0	140.0	200.0	540.0	540.0

- 105 kg

1 Gaskin Joseph /58	United States Virgin Island	175.0	125.0	182.5	482.5	482.5
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In the Competitions were participating 4 lifters

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Name/Firstname/B.Year	Nation	Squat	Benchpress	Deadlift	Total
Seniors					
- 52 kg					
1 Baez Frances /88	Puerto Rico	112.5	50.0	120.0	282.5
- 57 kg					
1 Tapia Jannitzzi /94	Puerto Rico	125.0	60.0	137.5	322.5
- 63 kg					
1 Perez Carla /90	Puerto Rico	155.0	82.5	150.0	387.5
2 La Grande Jennifer /66	Cayman Island	90.0	55.0	90.0	235.0
3 Rampersad Anilla /84	Trinidad and Tobago	80.0	30.0	80.0	190.0
- 84 kg					
1 McIntyre Yolanda /81	Trinidad and Tobago	125.0	60.0	132.5	317.5
84+ kg					
1 Barker Dawn /80	Guyana	190.0	100.0	160.0	450.0
2 Abraham Cheryl /79	Trinidad and Tobago	135.0	50.0	150.0	335.0

In the Competitions were participating 8 lifters

Subjuniors

- 57 kg					
1 Tapia Jannitzzi /94	Puerto Rico	125.0	60.0	137.5	322.5

In the Competitions were participating 1 lifters

Juniors

- 52 kg					
1 Baez Frances /88	Puerto Rico	112.5	50.0	120.0	282.5
- 63 kg					
1 Perez Carla /90	Puerto Rico	155.0	82.5	150.0	387.5

In the Competitions were participating 2 lifters

Masters 1

- 63 kg					
1 La Grande Jennifer /66	Cayman Island	90.0	55.0	90.0	235.0

In the Competitions were participating 1 lifters