

North America Powerlifting Federation
6th Annual IPF/NAPF North American Regional Bench Press Championships
Nominations as of: September 21, 2011

	Name/Firstname/B.Year	Nation	Benchpress
Open			
- 47 kg			
	1 Schmidt Joan /40	United States of America	35.0
- 52 kg			
	1 Cutrona Tammy /66	United States of America	75.0
- 57 kg			
	1 Dalling Lee Ann /62	Canada	95.0
	2 Haines Leigh /60	United States of America	72.5
- 63 kg			
	1 Thompson Jennifer /73	United States of America	150.0
	2 Melendez Laura /67	Puerto Rico	75.0
	3 Martinez Delmy O. /89	Guatemala	40.0
- 72 kg			
	1 Burgos Ladys /89	Puerto Rico	85.0
	2 Welch Wendy /64	United States of America	37.5
- 84 kg			
	1 Lair Rebekah /76	United States of America	120.0
	2 Baez Joan /86	Puerto Rico	102.5
84+ kg			
	1 Calhoun Paulette /58	United States of America	112.5

In the competition are participating 12 lifters

Juniors

- 63 kg			
	1 Martinez Delmy O. /89	Guatemala	40.0
- 72 kg			
	1 Burgos Ladys /89	Puerto Rico	85.0

In the competition are participating 2 lifters

Masters 1

- 52 kg			
	1 Cutrona Tammy /66	United States of America	75.0
- 57 kg			
	1 Dalling Lee Ann /62	Canada	95.0
- 63 kg			
	1 Melendez Laura /67	Puerto Rico	75.0
- 72 kg			
	1 Welch Wendy /64	United States of America	37.5

In the competition are participating 4 lifters

Masters 2

- 57 kg			
	1 Haines Leigh /60	United States of America	72.5
84+ kg			
	1 Calhoun Paulette /58	United States of America	112.5

In the competition are participating 2 lifters

