

North America Powerlifting Federation
8th IPF/NAPF North American Regionals, Puerto Rico, Aguadilla, 03-07.08.2010
Nominations as of: Sunday, July 25, 2010

Name/Firstname/B.Year	Nation	Squat	Bench press	Dead lift	Sum	Total
Seniors						
- 56 kg						
1 Garcia Mejia Herberth Obbiel /75	Guatemala	180.0	110.0	200.0	490.0	490.0
2 Rahim Vijai /92	Guyana	172.5	82.5	192.5	447.5	447.5
3 Flores Fernando /90	Puerto Rico	165.0	90.0	162.5	417.5	417.5
4 Cardenas Esteban /93	Costa Rica	—	—	—	—	285.0
- 60 kg						
1 Godinez Yol Eliceo Javier /89	Guatemala	205.0	150.0	205.0	560.0	560.0
2 Guido Wilhem /74	Mexico	200.0	130.0	215.0	545.0	545.0
3 Cancel Iván /82	Puerto Rico	192.5	145.0	197.5	535.0	535.0
4 Ocasio Jesus /87	Puerto Rico	182.5	110.0	182.5	475.0	475.0
- 67,5 kg						
1 Torres Luciano /90	United States of America	205.0	125.0	217.5	547.5	547.5
2 Mejia Oscar /64	Mexico	190.0	120.0	220.0	530.0	530.0
3 Lemus Menendez Aldo Manfredo /69	Guatemala	182.5	145.0	182.5	510.0	510.0
4 Joseph Jonathan /63	United States Virgin Island	137.5	100.0	165.0	402.5	402.5
- 75 kg						
1 Stoby Winston /59	Guyana	242.5	137.5	272.5	652.5	652.5
2 Melendez Carlo /83	Puerto Rico	250.0	157.5	205.0	612.5	612.5
R. Santiago Kristian /86	Puerto Rico	202.5	142.5	192.5	537.5	537.5
3 Salgado David /74	Mexico	200.0	137.5	185.0	522.5	522.5
4 Mejia Alvaro Mauricio /81	Costa Rica	—	—	—	—	461.0
5 Richards Narval /67	British Virgin Island	115.0	110.0	130.0	355.0	355.0
- 82,5 kg						
1 Hooper Wade /71	United States of America	345.0	250.0	267.5	862.5	880.0
2 Morgan Randolph /78	Guyana	295.0	205.0	295.0	795.0	795.0
3 Tapia Luis /68	Puerto Rico	305.0	192.0	237.5	734.5	732.5
4 Klostergaard Jim /48	United States of America	185.0	173.5	202.5	561.0	561.0
5 Simpson Chevon /84	Trinidad and Tobago	205.0	135.0	215.0	555.0	555.0
6 Olvera Anibal /75	Mexico	190.0	140.0	210.0	540.0	540.0
7 Basdeo Cecil /69	Trinidad and Tobago	142.5	105.0	170.0	417.5	417.5
8 Francis Ray /93	United States Virgin Island	137.5	70.0	172.5	380.0	380.0
9 Vanterpool Kyron /88	British Virgin Island	110.0	115.0	145.0	370.0	370.0
10 Myles Christopher /93	Cayman Island	102.5	60.0	170.0	332.5	332.5
- 90 kg						
1 Ricks David /59	United States of America	317.5	207.5	315.0	840.0	890.0
2 Burgos Ramon /87	Puerto Rico	310.0	177.5	300.0	787.5	787.5
3 Garcia Gabriel /75	Mexico	290.0	210.0	285.0	785.0	785.0
4 Bravo Edgar /63	Guatemala	252.5	182.5	227.5	662.5	662.5
5 Pantoja Manuel /84	Mexico	230.0	170.0	240.0	640.0	640.0
6 McInereney Tony /72	Cayman Island	235.0	135.0	245.0	615.0	615.0
7 Browne Dwight /79	United States Virgin Island	200.0	125.0	230.0	555.0	555.0
8 Matarrita Cristian /84	Costa Rica	—	—	—	—	540.0
9 Gallmeier Jonathan /68	United States of America	192.5	137.5	205.0	535.0	535.0
10 Cuffy Marvin /77	Trinidad and Tobago	175.0	102.5	211.0	488.5	488.0
11 Lora Claudio /53	Dominican Republic	185.0	142.5	142.5	470.0	470.0

12 Gibson Kevin /78	British Virgin Island	120.0	130.0	160.0	410.0	410.0
13 Gaskin Alex /94	United States Virgin Island	160.0	72.5	170.0	402.5	402.5
14 Anderson Danley /88	British Virgin Island	115.0	120.0	150.0	385.0	385.0
- 100 kg						
1 Blás Orlando /69	Puerto Rico	300.0	207.5	282.5	790.0	790.0
2 Brown Adrian /75	Trinidad and Tobago	305.0	170.0	280.0	755.0	755.0
3 Garcia Ricardo /85	Puerto Rico	290.0	182.5	265.0	737.5	737.5
4 Aguilar Carlos /91	Mexico	280.0	170.0	260.0	710.0	710.0
5 Rodriguez Enrique /73	Mexico	265.0	177.5	250.0	692.5	692.5
6 Johnson Jesse /78	Trinidad and Tobago	192.5	137.5	227.5	557.5	557.5
7 Brown Elpert /93	United States Virgin Island	185.0	125.0	182.5	492.5	492.5
8 Gaskin Joseph /58	United States Virgin Island	172.5	122.5	175.0	470.0	470.0
9 James Sydney /71	British Virgin Island	150.0	120.0	130.0	400.0	400.0
10 Yearwood Omotosho /77	British Virgin Island	145.0	110.0	122.5	377.5	377.5
- 110 kg						
R. Millan Harold /73	Puerto Rico	302.5	192.5	317.5	812.5	812.5
1 Porras Marcos /82	Mexico	320.0	200.0	280.0	800.0	800.0
2 Brixius Derek /85	United States of America	295.0	217.5	282.5	795.0	787.5
3 Gonzalez Antonio /71	Puerto Rico	300.0	197.5	250.0	747.5	747.5
4 Victorine Raymond /69	United States Virgin Island	272.5	165.0	285.0	722.5	722.5
5 Seymour Richard /76	Guyana	295.0	145.0	250.0	690.0	690.0
6 Melville Kenneth /89	Guyana	240.0	140.0	275.0	655.0	655.0
7 Currence Doug /59	United States of America	222.5	155.0	275.0	652.5	652.5
- 125 kg						
1 Nieves Lazaro /77	Puerto Rico	325.0	230.0	300.0	855.0	855.0
2 Owens Garrett /86	United States of America	325.0	205.0	300.0	830.0	827.5
3 Farnum Anthony /68	Trinidad and Tobago	310.0	182.5	287.5	780.0	780.0
4 Greene Carlos /68	Trinidad and Tobago	275.0	175.0	300.0	750.0	750.0
5 Schneider David /56	United States of America	262.5	185.0	262.5	710.0	710.0
6 Campos Carlos Manuel /79	Costa Rica	—	—	—	—	710.0
7 Hernandez Ruben /69	Mexico	250.0	180.0	250.0	680.0	680.0
8 Reefe Shevron /79	British Virgin Island	130.0	142.5	220.0	492.5	492.5
9 Williams Cliff /73	British Virgin Island	125.0	185.0	180.0	490.0	460.0
125+ kg						
1 Siders Brian /78	United States of America	462.5	352.5	392.5	1207.5	1157.5
2 Schouten William /75	United States Virgin Island	370.0	215.0	295.0	880.0	880.0
3 Commissiong Kerron /84	Trinidad and Tobago	320.0	205.0	295.0	820.0	820.0
4 Hudson Hayden /72	Trinidad and Tobago	330.0	125.0	320.0	775.0	775.0

In the Competitions were participating 70 lifters (In reserve there are 2 lifters)

Subjuniors

- 52 kg

1 Cardenas Esteban /93	Costa Rica	—	—	—	—	285.0
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- 56 kg

1 Rahim Vijai /92	Guyana	172.5	82.5	192.5	447.5	447.5
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- 82,5 kg

1 Francis Ray /93	United States Virgin Island	137.5	70.0	172.5	380.0	380.0
2 Myles Christopher /93	Cayman Island	102.5	60.0	170.0	332.5	332.5

- 90 kg

1 Cudmore Kevin /92	Canada	235.0	150.0	240.0	625.0	625.0
2 Gaskin Alex /94	United States Virgin Island	160.0	72.5	170.0	402.5	402.5

- 100 kg								
1 Brown Elpert /93	United States Virgin Island	185.0	125.0	182.5	492.5	492.5		
- 125 kg								
1 Jordan Marvin /92	Trinidad and Tobago	197.5	107.5	202.5	507.5	507.5		

In the Competitions were participating 8 lifters

Juniors

- 52 kg								
1 Flores Fernando /90	Puerto Rico	165.0	90.0	162.5	417.5	417.5		
- 56 kg								
1 Serrano Osvaldo /91	Puerto Rico	107.5	72.5	127.5	307.5	307.5		
- 60 kg								
1 Godinez Yol Eliceo Javier /89	Guatemala	205.0	150.0	205.0	560.0	560.0		
2 Ocasio Jesus /87	Puerto Rico	182.5	110.0	182.5	475.0	475.0		
- 67,5 kg								
1 Torres Luciano /90	United States of America	205.0	125.0	217.5	547.5	547.5		
2 Cardona Christopher /91	Puerto Rico	180.0	140.0	190.0	510.0	510.0		
- 75 kg								
1 Laboy Isaac /89	Puerto Rico	187.5	115.0	225.0	527.5	527.5		
2 Fierro Daniel /88	Mexico	185.0	110.0	200.0	495.0	495.0		
3 Hileiro Joshua /90	Puerto Rico	162.5	115.0	182.5	460.0	460.0		
- 82,5 kg								
1 Gutierrez Erick /91	Mexico	190.0	130.0	220.0	540.0	540.0		
2 Vanterpool Kyron /88	British Virgin Island	110.0	115.0	145.0	370.0	370.0		
- 90 kg								
1 Burgos Ramon /87	Puerto Rico	310.0	177.5	300.0	787.5	787.5		
2 Alarcon Luis /91	Mexico	210.0	145.0	235.0	590.0	590.0		
3 Bally Nigel /91	Trinidad and Tobago	140.0	105.0	170.0	415.0	415.0		
4 Anderson Danley /88	British Virgin Island	115.0	120.0	150.0	385.0	385.0		
- 100 kg								
1 Aguilar Carlos /91	Mexico	280.0	170.0	260.0	710.0	710.0		
2 Rojas Allen Jordan /91	Costa Rica	—	—	—	—	477.5		
- 110 kg								
1 Melville Kenneth /89	Guyana	240.0	140.0	275.0	655.0	655.0		
2 Moreira Luis /91	Puerto Rico	182.5	140.0	227.5	550.0	550.0		
- 125 kg								
1 Singh Vishall /87	Trinidad and Tobago	275.0	125.0	265.0	665.0	665.0		
125+ kg								
1 Cardona Carlos /89	Puerto Rico	230.0	135.0	250.0	615.0	615.0		
2 Adams Nelson /91	Puerto Rico	195.0	167.5	230.0	592.5	592.5		

In the Competitions were participating 22 lifters

Masters 1

- 67,5 kg								
1 Mejia Oscar /64	Mexico	190.0	120.0	220.0	530.0	530.0		
2 Lemus Menendez Aldo Manfredo /69	Guatemala	182.5	145.0	182.5	510.0	510.0		
3 Joseph Jonathan /63	United States Virgin Island	137.5	100.0	165.0	402.5	402.5		
- 75 kg								
1 Richards Narval /67	British Virgin Island	115.0	110.0	130.0	355.0	355.0		
- 82,5 kg								

1	Tapia Luis /68	Puerto Rico	305.0	192.0	237.5	734.5	732.5
2	Basdeo Cecil /69	Trinidad and Tobago	142.5	105.0	170.0	417.5	417.5
- 90 kg							
1	Rasmussen Erik /62	Denmark	301.0	197.5	250.0	748.5	748.5
2	Bravo Edgar /63	Guatemala	252.5	182.5	227.5	662.5	662.5
3	Gallmeier Jonathan /68	United States of America	192.5	137.5	205.0	535.0	535.0
- 100 kg							
1	Blás Orlando /69	Puerto Rico	300.0	207.5	282.5	790.0	790.0
2	Cabrera José /63	Puerto Rico	260.0	155.0	250.0	665.0	665.0
3	Flores Ismael /68	Mexico	165.0	120.0	180.0	465.0	465.0
- 110 kg							
1	Victorine Raymond /69	United States Virgin Island	272.5	165.0	285.0	722.5	722.5
2	Rodriguez Luis /69	Puerto Rico	275.0	175.0	230.0	680.0	680.0
3	Calvano Chris /69	United States of America	125.0	232.5	250.0	607.5	540.0
- 125 kg							
1	Farnum Anthony /68	Trinidad and Tobago	310.0	182.5	287.5	780.0	780.0
2	Greene Carlos /68	Trinidad and Tobago	275.0	175.0	300.0	750.0	750.0
3	Hernandez Ruben /69	Mexico	250.0	180.0	250.0	680.0	680.0

In the Competitions were participating 17 lifters

Masters 2

- 75 kg

1	Stoby Winston /59	Guyana	242.5	137.5	272.5	652.5	652.5
2	Esposito Rick /59	United States of America	160.0	110.0	185.0	455.0	455.0

- 90 kg

1	Ricks David /59	United States of America	317.5	207.5	315.0	840.0	890.0
2	Penland Ray /52	United States of America	185.0	120.0	202.5	507.5	507.5
3	Lora Claudio /53	Dominican Republic	185.0	142.5	142.5	470.0	470.0

- 100 kg

1	Ocasio Jose /54	Puerto Rico	237.5	165.0	227.5	630.0	630.0
2	Gaskin Joseph /58	United States Virgin Island	172.5	122.5	175.0	470.0	470.0

- 110 kg

1	Currence Doug /59	United States of America	222.5	155.0	275.0	652.5	652.5
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- 125 kg

1	Schneider David /56	United States of America	262.5	185.0	262.5	710.0	710.0
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In the Competitions were participating 9 lifters

Masters 3

- 82,5 kg

1	Klostergaard Jim /48	United States of America	185.0	173.5	202.5	561.0	561.0
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- 90 kg

1	Miranda Jose /35	Puerto Rico	140.0	140.0	147.5	427.5	427.5
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In the Competitions were participating 2 lifters