

### 3rd NAPF North American Regional Bench Press Championships

Cartago, Costa Rica / September 26 - 28, 2008

Final Nominations [As of September 03, 2008]

NO	WT.	BDW.	NAME	YEAR	DIVISION	FEDERATION	SQ	BP	DL	TOT.
			<b><u>Womens Open</u></b>							
	56.00		Cecilia Vega	1980	Open	Costa Rica		30.0		
	67.50		Victoria Garcia	1964	Open	Guatemala		85.0		
	67.50		Irena Jimenez	1968	Open	Costa Rica		45.0		
	67.50		Zelmira Sandi	1985	Open	Costa Rica		30.0		
	75.00		Maricruz Vargas	1965	Open	Costa Rica		50.0		
	75.00		Mariana Cespedes	1986	Open	Costa Rica		30.0		
	82.50		Maguena de Caballeros	1962	Open	Guatemala		120.0		
	82.50		Alejandra Rubi	1988	Open	Costa Rica		60.0		
	90.00		Miriam Brenes	1972	Open	Costa Rica		35.0		
			<b><u>Womens Junior [By Wilks - One Group]</u></b>							
A	67.50		Zelmira Sandi	1985	Open	Costa Rica		30.0		
A	75.00		Mariana Cespedes	1986	Open	Costa Rica		30.0		
A	82.50		Alejandra Rubi	1988	Open	Costa Rica		60.0		
			<b><u>Womens Masters I [By Wilks - One Group]</u></b>							
A	67.50		Victoria Garcia	1964	Open	Guatemala		85.0		
A	67.50		Irena Jimenez	1968	Open	Costa Rica		45.0		
A	75.00		Maricruz Vargas	1965	Open	Costa Rica		50.0		
A	82.50		Maguena de Caballeros	1962	Open	Guatemala		120.0		
			<b><u>MenS Open</u></b>							
	56.00		Victor Garcia	1977	Open	Guatemala		130.0		
	60.00		Ricardo Alvarado	1992	Open	Costa Rica		80.0		
	67.50		Jarwin Perez	1978	Open	Costa Rica		100.0		
	75.00		Miguel Ruelan	1970	Open	United States of America		210.0		
	75.00		Fabian Hidalgo	1975	Open	Costa Rica		170.0		
	75.00		Hector Samayoa	1984	Open	Guatemala		152.5		
	82.50		Cliff Williams	1973	Open	British Virgin Islands		185.0		
	82.50		Jim Klostergaard	1948	Open	United States of America		177.5		
	82.50		James Bardsley III	1988	Open	United States of America		165.0		
	82.50		Felix Sanchez	1976	Open	Costa Rica		155.0		
	82.50		David Munoz	1985	Open	Mexico		135.0		
	90.00		Dennis Cieri	1968	Open	United States of America		270.0		
	90.00		Edgar Masters	1970	Open	Guatemala		185.0		
	90.00		Leonel Villavicencio	1969	Open	Costa Rica		160.0		
	90.00		Jim Bardsley	1959	Open	United States of America		142.5		
	100.00		Timothy Anderson	1972	Open	United States of America		292.5		
	100.00		Clint Poore	1973	Open	United States of America		232.5		
	100.00		Shaun McCourt	1979	Open	Costa Rica		210.0		
	100.00		Dennis Acuna	1981	Open	Costa Rica		180.0		
	100.00		Miro Koprnicky	1951	Open	Canada		172.5		
	110.00		Chris Calvano	1969	Open	United States of America		252.5		
	110.00		Allan Santandrea	1985	Open	Guatemala		205.0		
	110.00		German Nunez	1972	Open	Costa Rica		190.0		
	125.00		Skip Regan	1952	Open	United States of America		192.5		
	125.00		Manuel Campos	1979	Open	Costa Rica		180.0		
	125.00+		Jeff Peshek	1963	Open	United States of America		295.0		
	125.00+		Hugo Velasquez	1959	Open	Costa Rica		185.0		
			<b><u>Mens Sub-Junior [By Wilks - One Group]</u></b>							
A	60.00		Ricardo Alvarado	1992	Junior	Costa Rica		80.0		
A	67.50		Adrian Alvarado	1990	Junior	Costa Rica		80.0		
A	100.00		Allen Jordon	1991	Junior	Costa Rica		95.0		
			<b><u>Mens Junior [By Wilks - Two Groups]</u></b>							
A	75.00		Jorge Hernandez	1985	Junior	Costa Rica		105.0		
A	82.50		James Bardsley III	1988	Junior	United States of America		165.0		
A	82.50		Luis Morales	1986	Junior	Costa Rica		150.0		
A	82.50		David Munoz	1985	Junior	Mexico		135.0		
A	82.50		Juan Carlos Fernandez	1989	Junior	Costa Rica		105.0		
B	100.00		Phippe Soto	1988	Junior	Costa Rica		115.0		
B	110.00		Allan Santandrea	1985	Junior	Guatemala		205.0		

