1st Central American Regional Bench Press Championships

Cartago, Costa Rica / September 26 - 28, 2008

Final Nominations [As of September 03, 2008]

N0	WT.	BDW.	NAME	YEAR	DIVISION	FEDERATION	SQ	BP	DL	TOT.
			Womens Open [By Wilks - Three Groups]							
A	56.00		Cecilia Vega	1980	Open	Costa Rica		30.0		
A	67.50		Victoria Garcia	1964	Open	Guatemala		85.0		
A	67.50		Irena Jimenez	1968	Open	Costa Rica		45.0		
A	67.50		Zelmira Sandi	1985	Open	Costa Rica		30.0		
B	75.00		Maricruz Vargas	1965	Open	Costa Rica		50.0		
B	75.00		Mariana Cespedes	1986	Open	Costa Rica		30.0		
C	82.50		Maguena de Caballeros	1962	Open	Guatemala		120.0		
C	82.50		Alejandra Rubi	1988	Open	Costa Rica		60.0		
C	90.00		Miriam Brenes	1972	Open	Costa Rica		35.0		
			Mens Open [By Wilks - Four Groups]							
A	56.00		Victor Garcia	1977	Open	Guatemala		130.0		
A	60.00		Ricardo Alvarado	1992	Open	Costa Rica		80.0		
A	67.50		Jarwin Perez	1978	Open	Costa Rica		100.0		
B	75.00		Fabian Hidalgo	1975	Open	Costa Rica		170.0		
B	75.00		Hector Samayoa	1984	Open	Guatemala		152.5		
B	82.50		Felix Sanchez	1976	Open	Costa Rica		155.0		
C	90.00		Edgar Masters	1970	Open	Guatemala		185.0		
C	90.00		Leonel Villavicencio	1969	Open	Costa Rica		160.0		
C	100.00		Shaun McCourt	1979	Open	Costa Rica		210.0		
C	100.00		Dennis Acuna	1981	Open	Costa Rica		180.0		
D	110.00		Allan Santandrea	1985	Open	Guatemala		205.0		
D	110.00		German Nunez	1972	Open	Costa Rica		190.0		
D	125.00		Manuel Campos	1979	Open	Costa Rica		180.0		
D	125.00+		Hugo Velasquez	1959	Open	Costa Rica		185.0		